Automotive Technology 5th Edition  
Chapter 30 Cylinder Head & Valve Guide Service  
Opening Your Class

<table>
<thead>
<tr>
<th>KEY ELEMENT</th>
<th>EXAMPLES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduce Content</td>
<td>This Automotive Technology 5th text provides complete coverage of automotive components, operation, design, and troubleshooting. It correlates material to task lists specified by ASE and NATEF and emphasizes a problem-solving approach. Chapter features include Tech Tips, Frequently Asked Questions, Real World Fixes, Videos, Animations, and NATEF Task Sheet references.</td>
</tr>
<tr>
<td>Motivate Learners</td>
<td>Explain how the knowledge of how something works translates into the ability to use that knowledge to figure why the engine does not work correctly and how this saves diagnosis time, which translates into more money.</td>
</tr>
</tbody>
</table>
| State the learning objectives for the chapter or course you are about to cover and explain this is what they should be able to do as a result of attending this session or class. | Explain the chapter learning objectives to the students as listed on the NEXT SLIDE.  
1. Explain the design and construction of cylinder heads.  
2. Discuss intake and exhaust ports.  
3. Discuss cylinder head passages and cylinder head servicing.  
4. Explain aluminum cylinder head straightening, cylinder head resurfacing, and intake manifold alignment.  
5. Explain valve guides and the procedure for valve guide replacement. |
| Establish the Mood or Climate | Provide a WELCOME, Avoid put downs and bad jokes.                                                                                                                                                      |
| Complete Essentials       | Restrooms, breaks, registration, tests, etc.                                                                                                                                                           |
| Clarify and Establish Knowledge Base | Do a round robin of the class by going around the room and having each student give their backgrounds, years of experience, family, hobbies, career goals, or anything they want to share. |

NOTE: This lesson plan is based on the 5th Edition Chapter Images found on Jim’s web site @ www.jameshalderman.com  
LINK CHP 30: ATE5 Chapter Images
CH30 Cylinder Head

1. SLIDE 1 CH30 CYLINDER HEAD/VALVE GUIDE SVC

Check for ADDITIONAL VIDEOS & ANIMATIONS @ http://www.jameshalderman.com/
WEB SITE IS CONSTANTLY UPDATED

VALVE TRAIN SERVICE

Videos

DEMONSTRATION: Show major components of cylinder head

2. SLIDE 2 EXPLAIN Figure 30-1 seats and guides for valves are in the cylinder head as well as camshaft and the entire valve train if it is an overhead camshaft design.

3. SLIDE 3 EXPLAIN Figure 30-2 wedge-shaped combustion chamber showing squish area where air-fuel mixture is squeezed, causing turbulence that pushes mixture toward spark plug.

4. SLIDE 4 EXPLAIN Figure 30-3 Locating spark plug in center of combustion chamber reduces distance flame front must travel.

5. SLIDE 5 EXPLAIN Figure 30-4 combustion chamber of the 5.7 liter Chrysler Hemi cylinder head shows the two spark plugs used to ensure rapid burn for best power and economy with lowest possible exhaust emissions.

6. SLIDE 6 EXPLAIN Figure 30-5 shrouded area around the intake valve causes the intake mixture to swirl as it enters the combustion chamber.

7. SLIDE 7 EXPLAIN Figure 30-6 A typical cross flow cylinder head design, where the flow into and out of the combustion chamber is from opposite sides of head.

DEMONSTRATION: Show examples of combustion chamber design.

HANDS-ON TASK: Have students research how changes to the squish area turbulence in a cylinder.
**DISCUSSION:** Ask the students how the quench area might affect emissions from engine.

8. SLIDE 8 EXPLAIN Figure 30-7 Method for measuring the valve opening space.

9. SLIDE 9 EXPLAIN Figure 30-8 Comparing the valve opening areas between a two and three-valve combustion chamber when the valves are open.

10. SLIDE 10 EXPLAIN Figure 30-9 Typical four-valve head. The total area of opening of two small intake valves and two smaller exhaust valves is greater than the area of a two-valve head using much larger valves. The smaller valves also permit the use of smaller intake runners for better low-speed engine response.

11. SLIDE 11 EXPLAIN Figure 30-10 Four valves in a pentroof combustion chamber.

12. SLIDE 12 EXPLAIN Figure 30-11 Audi five-valve cylinder head, which uses three intake valves and two exhaust valves.

**DISCUSSION:** Ask the students why intake valve is larger in diameter than exhaust valve.

**DEMONSTRATION:** Show students cylinder head with four valves per cylinder & cylinder head with two valves per cylinder.

**DISCUSSION:** Ask the students what benefits are of four valves per cylinder as opposed to only two valves per cylinder.

13. SLIDE 36 EXPLAIN Figure 30-12 intake manifold & combustion chamber design both work together to cause air-fuel mixture to swirl as enters combustion chamber.

14. SLIDE 14 EXPLAIN Figure 30-13 A port-injected engine showing the straight free-flowing intake and exhaust ports.

**DISCUSSION:** Ask students why porting, a common modification in past, might not be a wise thing to do on modern cylinder head designs. (ANS: might restrict air flow in modern head designs)
**HANDS-ON TASK:** Using service information, give students a list of vehicles that have an optional 5-valve cylinder & let students determine which engines are available with configuration.

15. SLIDE 15 EXPLAIN Figure 30-14 cutaway head showing the coolant passages in green.

16. SLIDE 16 EXPLAIN Figure 30-15 Coolant flows through the cylinder head, and the passages are sealed by the head gasket

**DEMONSTRATION:** Show coolant passages in the cylinder head.

**DEMONSTRATION:** Show oil flow and return passages in the cylinder head.

**DEMONSTRATION:** Show examples of products and machines that can be used to decarbonize an engine

**ON-VEHICLE NAT®E®F TASK** Research applicable vehicle and service information, such as internal engine operation, vehicle service history, service precautions, and technical service bulletins. (P-1) Page 84

**DEMONSTRATION:** show correct procedure for disassembling cylinder head for service

17. SLIDE 17 EXPLAIN Figure 30-16 Overhead camshafts may be (a) held in place with bearing caps, (b) supported by towers, or (c) fitted into bearing bores machined directly into head.

18. SLIDE 18 EXPLAIN Figure 30-17 Always follow specified loosening sequence to prevent valve spring tension from bending the camshaft.

19. SLIDE 19 EXPLAIN Figure 30-18 Pushrods can be kept labeled if stuck through a cardboard box. Individual parts become worn together. Using cardboard is a crude but effective material to keep all valve train parts together and labeled exactly as they came from engine
ICONS

CH30 Cylinder Head

Always keep the push rods and rocker arms in order. You can create a system by using a piece of cardboard and labeling it with a marker. Punch holes in cardboard to hold pushrods.

20. SLIDE 20 EXPLAIN Figure 30-19 Cylinder heads should be checked in 5 planes for warpage, distortion, bend, and twist.

21. SLIDE 21 EXPLAIN Figure 30-20 precision ground straightedge & feeler gauge used to check head flatness.

DEMONSTRATION: Show the students how to properly clean the cylinder head and use a straightedge & feeler gauge to check cylinder head for flatness.

HANDS-ON TASK: Have the students use a cylinder head, feeler gauge, and straightedge to check a cylinder head for warpage.

ON-VEHICLE NATEF TASK Clean & visually inspect a cylinder head for cracks; check gasket surface areas for warpage and surface finish; check passage condition (P-1) Page 85

22. SLIDE 22 EXPLAIN Figure 30-21 Warped overhead camshaft cylinder head. If the gasket surface is machined to be flat, the camshaft bearings will still not be in proper alignment. The solution is to straighten the cylinder head or to align bore the cam tunnel.

23. SLIDE 23 EXPLAIN Figure 30-22 cast-iron cylinder head being resurfaced using a surface grinder.

24. SLIDE 24 EXPLAIN Figure 30-23 graph showing a typical rough surface as would be viewed through a magnifying glass. RA is an abbreviation indicating the average height of all peaks and valleys.

OPTIONAL DEMONSTRATION: If your shop is equipped with cylinder head resurfacing equipment, show the students how to grind or mill cylinder head. If you do not have the equipment (most don’t), you might consider a field trip to an engine machine shop to familiarize students with process.

DISCUSSION: Ask the students why the surface finish is important
HANDS-ON TASK: Using service information and some specific vehicles, have the student’s research whether OEM recommends resurfacing cylinder heads or requires them to be replaced if they are warped excessively.

25. SLIDE 25 EXPLAIN Figure 30-24 material that must be removed for good manifold fit.

26. SLIDE 26 EXPLAIN Figure 30-25 Using an intake manifold template to check for the proper angles after the cylinder heads have been machined.

DEMONSTRATION: On a V-type engine block, show students how machining heads may affect the sealing of the intake manifold.

27. SLIDE 27 EXPLAIN Figure 30-26 integral valve guide is simply a guide that has been drilled into the cast-iron cylinder head.

28. SLIDE 28 EXPLAIN Figure 30-27 All aluminum cylinder heads use valve guide inserts.

29. SLIDE 29 EXPLAIN Figure 30-28 Valve guides often wear to a bell-mouth shape to both ends due to the forces exerted on the valve by the valve train components.

DISCUSSION: Ask the students why an aluminum head might have a larger valve stem-to-guide clearance than a cast iron head.

DEMONSTRATION: Show the students examples of cylinder heads with integral and pressed-in valve guides.

30. SLIDE 30 EXPLAIN Figure 30-29 small-hole gauge and a micrometer are being used to measure the valve guide. The guide should be measured in 3 places: at top, middle, and bottom.

31. SLIDE 31 EXPLAIN Figure 30-30 diameter of valve stem is being measured using a micrometer. The difference between inside diameter of valve guide and diameter of valve stem is valve guide-to-stem clearance.

32. SLIDE 32 EXPLAIN Figure 30-31 Measuring valve guide-to-stem clearance with a dial indicator while rocking stem in direction of normal thrust. The reading on dial indicator should be compared to specifications because it does not give the guide-to-stem clearance.
directly. The valve is usually held open to its maximum operating lift.

**DEMONSTRATION:** Show the students how to measure valve guide clearance using a small hole gauge & micrometer & a dial indicator

33. SLIDE 33 EXPLAIN Figure 30-32 Sectional view of a knurled valve guide.

**ON-VEHICLE NATEF TASK (A1-B-5)** Inspect valve guides for wear, check valve stem-to-guide clearance; determine necessary action Page 87

34. SLIDE 34 EXPLAIN Figure 30-33 Valve guide replacement procedure.
35. SLIDE 35 EXPLAIN Figure 30-34 A type of fixture required to bore the valve guide to accept a thin-walled insert sleeve.
36. SLIDE 36 EXPLAIN Figure 30-35Trimming top of the thin-walled insert.
37. SLIDE 37 EXPLAIN Figure 30-36 Installed spiral bronze insert bushing.

**HANDS-ON TASK:** Have the students use service information to locate the valve guide clearance for a variety of engines.

**OPTIONAL DEMONSTRATION:** Show the students how to replace a valve guide insert using the proper tools and following OEM recommendations.

**OPTIONAL HANDS-ON TASK:** Have the students replace the valve guide on a cylinder head with replaceable valve guide using the proper tools and equipment & meeting OEM specifications.

**OPTIONAL DEMONSTRATION:** Show the students the proper procedure to install a valve guide insert.

**HANDS-ON TASK:** On a cylinder head and with proper tools, have the students install valve guide insert, meeting OEM specifications.
<table>
<thead>
<tr>
<th>ICONS</th>
<th>CH30 Cylinder Head</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>SEARCH INTERNET:</strong> Have the students search the Internet to determine advantages of the hemi design combustion chamber as opposed to the wedge design.</td>
</tr>
<tr>
<td></td>
<td><strong>HOMEWORK</strong></td>
</tr>
<tr>
<td></td>
<td>Crossword Puzzle (Microsoft Word) (PDF)</td>
</tr>
<tr>
<td></td>
<td>Word Search Puzzle (Microsoft Word) (PDF)</td>
</tr>
</tbody>
</table>